

# Lunch

Summer Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<p>Chicken &amp; Butternut Squash Makhani Curry Pilau Rice Roasted Spiced Chickpeas Carrots Green Beans</p>	<p>Lingfield Pork Sausages Mashed Potato Broccoli Sweetcorn Gravy</p>	<p>Roast Turkey Roast Potatoes Garden Peas Cauliflower Gravy</p>	<p>Bacon &amp; Garden Pea Macaroni Cheese Topped with Mature Cheddar Garlic &amp; Herb Slice Steamed Carrots Broccoli Florets</p>	<p>Beef Burger in Brioche Bun with Shredded Lettuce &amp; Sliced Tomato French Fries Baked Beans Sweetcorn Sliced Gherkins</p>
Vegetarian Meal	<p><b>VEGAN</b> Vegetable Tart with Roasted Red Cabbage</p>	<p><b>VEGAN</b> Vegan Sausages Topped with Crispy Onion Rings</p>	<p><b>VEGAN</b> Roast Root Vegetable &amp; Leek Crumble</p>	<p><b>VEGAN</b> Crispy Falafel with Yoghurt &amp; Herb Dip with Pitta Bread</p>	<p><b>VEGAN</b> Crispy Tofu Steak Burger</p>
Alternative Option	<p>Pasta with Tomato &amp; Roasted Red Pepper Sauce</p>	<p>Baked Jacket Potatoes Grated Cheddar Baked Beans Tuna Mayonnaise</p>	<p>Wholewheat Penne Pasta Chunky Tomato &amp; Basil Sauce</p>	<p>Baked Jacket Potatoes Grated Cheddar Cheese Baked Beans Tuna Mayonnaise</p>	<p>Fusilli Pasta with Tomato &amp; Basil Sauce</p>
Salad Bar Proteins	<p>A Daily Selection of Assorted Fresh Salads , Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads , Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads , Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads , Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads , Sliced Meats &amp; Cheeses</p>
Something Sweet	<p>Strawberry Sponge with Lime Cream</p>	<p>Homemade Yoghurt Cut Fruit Platters Flavoured Jelly Pots</p>	<p>Summer Fruit Meringues</p>	<p>Homemade Yoghurt Cut Fruit Platters Flavoured Jelly Pots</p>	<p>Choc Chip Cookie</p>
<p>Daily selection of ripe fresh fruit, freshly cut fruit , jelly and homemade yoghurt pots</p>					

# Lunch

Summer Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<p>Chicken, Corn &amp; Bean Fajitas Roasted Potato Wedges Steamed Carrots Garden Peas</p>	<p>Wholewheat Pasta Beef &amp; Vegetable Bolognaise Herb Focaccia Sweetcorn Steamed Green Beans</p>	<p>Roast Chicken Crispy Roast Potatoes Steamed Cauliflower Sliced Carrots Gravy</p>	<p>Cantonese Style Pork Loin Stir Fried Noodles Steamed Greens Broccoli</p>	<p>Battered Cod Skinny Fries Garden Peas Baked Beans</p>
Vegetarian Meal	<p><b>VEGAN</b> Mixed Bean &amp; Vegetable Chilli Con Carne</p>	<p><b>VEGAN</b> Lentil, &amp; Vegetable Bolognaise</p>	<p>Roast Mediterranean Vegetable Quiche</p>	<p><b>VEGAN</b> Mushrooms in Black Bean Sauce</p>	<p><b>Cheese &amp; Tomato Calzone</b></p>
Alternative Option	<p>Penne Pasta with Chunky Tomato &amp; Vegetable Sauce</p>	<p>Jacket Potatoes Cheddar Cheese Baked Beans Tuna Mayonnaise</p>	<p>Wholemeal Pasta with Vine Tomato Sauce</p>	<p>Jacket Potatoes Cheddar Cheese Baked Beans Tuna Mayonnaise</p>	<p>Pasta Shells with Tomato &amp; Herb Sauce</p>
Salad Bar Proteins	<p>A Daily Selection of Assorted Fresh Salads, Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads, Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads, Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads, Sliced Meats &amp; Cheeses</p>	<p>A Daily Selection of Assorted Fresh Salads, Sliced Meats &amp; Cheeses</p>
Something Sweet	<p>Raisin, Apricot &amp; Oat Bar</p>	<p>Homemade Yoghurt Cut Fruit Platters Flavoured Jelly Pots</p>	<p>Eton Mess Cupcakes</p>	<p>Homemade Yoghurt Cut Fruit Platters Flavoured Jelly Pots</p>	<p>Rice Krispie Cake</p>
	<p>Daily selection of ripe fresh fruit, freshly cut fruit, jelly and homemade yoghurt pots</p>				

# Lunch

Summer Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hungarian Beef Stew Mashed Potato Steamed Carrots Green Beans	Wholewheat Rigatoni with Chicken & Tomato Sauce Herby Diced Potato Broccoli Sweetcorn	Roast Gammon Roast Potatoes Mixed Seasonal Vegetables Yorkshire Pudding Gravy	Mild Chilli Con Carne Steamed Rice Nachos Broccoli Florets Sweetcorn	Buttermilk Chicken Skinny Fries Garden Peas Baked Beans
Vegetarian Meal	<b>VEGAN</b> Asparagus Tart with Tomato & Basil Sauce	<b>VEGAN</b> Butternut Squash & Tofu Stew	<b>VEGAN</b> Garlic Stuffed Mushrooms topped with Sage & Onion Crumb	<b>VEGAN</b> Vegetable & Black Eyed Bean Enchilada	<b>VEGAN</b> Vegan Burger in Brioche Bun with Lettuce ,Red Onion & Tomato
Alternative Option	Pasta with Tomato & Basil Sauce	Baked Jacket Potatoes Grated Cheddar Cheese Baked Beans Tuna Mayonnaise	Wholemeal Penne Pasta with Tomato & Herb Sauce	Baked Jacket Potatoes Grated Cheddar Cheese Baked Beans Tuna Mayonnaise	Fusilli Pasta with Chunky Tomato Sauce
Salad Bar Proteins	A Daily Selection of Assorted Fresh Salads , Sliced Meats & Cheeses	A Daily Selection of Assorted Fresh Salads , Sliced Meats & Cheeses	A Daily Selection of Assorted Fresh Salads , Sliced Meats & Cheeses	A Daily Selection of Assorted Fresh Salads , Sliced Meats & Cheeses	A Daily Selection of Assorted Fresh Salads , Sliced Meats & Cheeses
Something Sweet	Toffee Sponge with Caramel Icing	Homemade Yoghurt Cut Fruit Platters Flavoured Jelly Pots	Oreo Cheesecake	Homemade Yoghurt Cut Fruit Platters Flavoured Jelly Pots	Assorted Ice Cream Tubs
	Daily selection of ripe fresh fruit, freshly cut fruit , jelly and homemade yoghurt pots				